



Pos	Bib	Name	Category	Club	Swim	T1	Bike	T2	Run	Finish
1	50	David Morwood	M40-44		00:22:26	00:01:47	00:59:17	00:00:36	00:34:28	01:58:31
2	176	neville o'neill	M35-39	Olympian	00:22:31	00:01:39	00:58:25	00:00:34	00:38:27	02:01:33
3	32	Alistair Duffield	M40-44		00:19:42	00:02:02	01:02:41	00:00:36	00:37:16	02:02:15
4	16	barry convery	M35-39	Newry & Mourne TC	00:24:20	00:02:08	00:56:50	00:00:44	00:39:08	02:03:08
5	100	Lochlainn Connolly	M25-29	Armagh Pike Kickers TC	00:21:29	00:01:52	01:03:33	00:00:42	00:36:31	02:04:04
6	135	Philip Castles	M35-39	TUNA TC	00:24:22	00:01:46	00:58:11	00:00:37	00:39:15	02:04:09
7	65	gary millar	M35-39	Peninsula TC	00:24:02	00:02:14	01:00:19	00:00:46	00:37:31	02:04:50
8	76	James Cleland	M35-39	Hi-Elbow TC	00:24:46	00:02:01	00:59:17	00:00:34	00:38:38	02:05:13
9	170	Wayne Morrow	M30-34		00:22:35	00:02:20	00:59:57	00:00:37	00:39:56	02:05:23
10	132	peter savage	M45-49	Newry & Mourne TC	00:24:28	00:02:12	01:01:48	00:00:37	00:36:41	02:05:44
11	7	Alvaro San Miguel	M30-34		00:21:38	00:01:54	00:59:55	00:00:39	00:41:47	02:05:51
12	84	Johnny Boylan	M30-34	Invictus TC	00:23:55	00:02:11	00:59:58	00:00:46	00:39:39	02:06:27
13	20	Benjamin Christman	M25-29	QUB	00:22:42	00:02:00	01:01:30	00:00:39	00:39:51	02:06:41
14	115	Michael McCarron	M45-49	Triangle TC	00:22:11	00:01:45	01:03:12	00:00:55	00:38:53	02:06:55
15	72	Graham Barr	M35-39		00:24:41	00:02:21	01:01:37	00:00:42	00:38:07	02:07:26
16	66	gary BLAYNEY	M30-34	Hi-Elbow TC	00:24:17	00:01:54	00:58:22	00:00:34	00:42:47	02:07:53
17	30	Chris Speers	M30-34	Peninsula TC	00:21:52	00:01:54	01:04:16	00:00:37	00:39:35	02:08:12
18	123	Paul McAllister	M35-39		00:20:56	00:02:15	01:01:32	00:00:54	00:43:12	02:08:48
19	2	Adam Speer	M30-34		00:23:56	00:02:17	01:05:37	00:00:50	00:36:59	02:09:37
20	27	Cathal Quinn	M20-24	Olympian TC	00:20:36	00:01:52	01:07:26	00:00:59	00:39:33	02:10:24
21	55	Dominic McAllister	M30-34		00:21:45	00:02:09	01:05:21	00:00:42	00:41:00	02:10:56
22	44	David McAvoy	M35-39		00:23:41	00:02:01	01:04:21	00:00:41	00:40:45	02:11:27
23	111	Matthew McKibbin	M20-24		00:25:42	00:02:57	01:02:15	00:01:05	00:39:34	02:11:30
24	158	Stephen Kirk	M30-34		00:26:03	00:02:08	01:03:00	00:00:35	00:40:06	02:11:51
25	171	paul mcmanus	M40-44	N/A	00:25:29	00:02:14	01:00:32	00:00:51	00:43:03	02:12:07
26	134	peter hughes	M40-44	Triangle TC	00:22:39	00:02:04	01:00:48	00:00:39	00:46:13	02:12:22
27	102	Malcolm Bourke	M25-29		00:24:56	00:02:12	01:03:45	00:00:47	00:41:22	02:13:00
28	153	Stefan Treacy	M35-39	Invictus TC	00:24:22	00:02:47	01:04:19	00:00:56	00:40:40	02:13:02
29	186	mark yeates	M35-39		00:27:08	00:02:07	01:06:15	00:00:35	00:38:14	02:14:18
30	197	john callaghan	M30-34		00:20:57	00:02:48	01:04:50	00:00:52	00:45:47	02:15:12
31	22	Bill Rafferty	M45-49	Olympian TC	00:23:58	00:02:12	01:05:25	00:00:40	00:43:05	02:15:19
32	31	Chris McCaffrey	M30-34	Peninsula TC	00:24:43	00:02:18	01:09:02	00:00:43	00:38:37	02:15:22
33	190	colin teevan	M45-49	setanta	00:25:36	00:02:10	01:03:39	00:00:47	00:43:22	02:15:32
34	188	james beattie	M40-44	northwest tri club	00:24:54	00:02:33	01:06:07	00:00:48	00:41:32	02:15:51
35	131	peter kennedy	M40-44	Hi-Elbow TC	00:29:22	00:02:05	00:58:29	00:00:47	00:45:14	02:15:55
36	47	David Adams	M35-39	Peninsula TC	00:24:44	00:02:05	01:04:13	00:00:40	00:44:28	02:16:09
37	46	David Turtle	M35-39	Hi-Elbow TC	00:29:37	00:02:41	01:04:55	00:00:59	00:38:25	02:16:34
38	73	Harmon Mc Bride	M45-49		00:23:11	00:03:20	01:01:05	00:01:14	00:48:18	02:17:07
39	85	Johnny Betts	M30-34		00:25:09	00:02:13	01:05:05	00:00:55	00:43:50	02:17:10
40	174	julie murphy	F35-39	TTC	00:21:48	00:02:04	01:10:19	00:00:38	00:42:25	02:17:12
41	82	Joe Mc Connellogue	M40-44	Northwest TC	00:24:47	00:02:16	01:02:29	00:00:54	00:46:54	02:17:19
42	145	Sam Uprichard	M35-39	TUNA TC	00:26:50	00:02:10	01:05:02	00:00:40	00:42:50	02:17:29
43	96	Larry McAteer	M45-49	Hi-Elbow TC	00:25:16	00:01:59	01:07:04	00:00:38	00:42:41	02:17:36
44	101	Maeve Maher-McWilliams	F25-29	Northwest TC	00:23:51	00:02:05	01:06:47	00:00:42	00:44:17	02:17:39
45	67	GARY MCDONALD	M35-39	TUNA TC	00:27:46	00:02:34	01:04:07	00:00:50	00:42:28	02:17:42
46	104	Mark Patton	M40-44		00:24:10	00:02:47	01:07:32	00:00:54	00:42:24	02:17:45
47	166	Thomas O'Hagan	M20-24	QUB	00:24:52	00:02:18	01:06:58	00:01:12	00:42:35	02:17:53
48	165	Thomas Moore	M40-44	Triangle TC	00:24:04	00:02:40	01:07:47	00:00:52	00:42:41	02:18:01
49	141	roy burnside	M50-54		00:27:24	00:02:32	01:05:24	00:00:52	00:42:14	02:18:23
50	6	Alison Rankin	F40-44	Triangle TC	00:26:54	00:02:05	01:07:31	00:00:51	00:41:20	02:18:39
51	143	Ryan McTier	M35-39	Peninsula TC	00:27:47	00:02:26	01:05:21	00:00:47	00:42:36	02:18:56
52	154	STEPHEN ACHESON	M35-39		00:27:01	00:02:37	01:03:34	00:01:14	00:44:41	02:19:05
53	29	Charlie McNutt	M45-49		00:25:37	00:03:06	01:08:56	00:01:01	00:40:41	02:19:18
54	193	Phillip Owens	M	TTC	00:24:57	00:02:48	01:06:41	00:00:46	00:44:26	02:19:35
55	48	David O'Connor	M35-39	Northwest TC	00:27:59	00:01:54	01:03:49	00:00:45	00:45:20	02:19:46
56	152	Sonia Knox	F40-44	Triangle TC	00:29:34	00:01:48	01:06:43	00:00:47	00:41:25	02:20:15
57	24	Brian Scullion	M40-44	Triangle TC	00:27:15	00:02:14	01:05:34	00:00:52	00:44:32	02:20:24
58	185	aaron ballantyne	M	TTC	00:24:49	00:03:01	01:08:28	00:01:23	00:43:21	02:21:01
59	56	Eddie Molloy	M35-39	Omagh TC	00:29:25	00:02:17	01:06:15	00:01:15	00:41:57	02:21:08



60	39	Conor McGandy	M25-29	Olympian TC	00:23:21	00:01:58	01:12:45	00:00:40	00:42:39	02:21:20
61	191	michael havern	M35-39	newry tri club	00:26:21	00:02:22	01:07:39	00:00:57	00:44:08	02:21:25
62	53	Dermot Mccabe	M40-44		00:26:38	00:02:58	01:08:16	00:01:02	00:42:39	02:21:30
63	107	Mark Magreehan	M40-44	Peninsula TC	00:26:17	00:02:51	01:07:29	00:01:00	00:43:59	02:21:35
64	99	Linus Montague	M35-39	Omagh TC	00:30:06	00:02:06	01:05:57	00:00:47	00:42:45	02:21:39
65	133	Peter Keys	M25-29	QUB	00:22:29	00:02:17	01:12:06	00:00:47	00:44:09	02:21:47
66	140	Ronnie Smart	M45-49	Olympian TC	00:29:12	00:02:33	01:03:58	00:00:45	00:45:23	02:21:48
67	156	stephen elliott	M45-49	Hi-Elbow TC	00:26:57	00:02:19	01:10:39	00:00:48	00:41:31	02:22:13
68	74	Ian Cullen	M35-39	Northwest TC	00:27:50	00:02:26	01:04:08	00:00:50	00:47:18	02:22:30
69	1	AARON STEELE	M30-34	Triangle TC	00:26:37	00:02:30	01:07:15	00:00:44	00:45:43	02:22:46
70	159	Stephen Collins	M25-29		00:23:42	00:04:09	01:11:18	00:00:59	00:42:42	02:22:49
71	138	Roger Poland	M40-44	Triangle TC	00:27:25	00:02:32	01:06:26	00:00:51	00:45:48	02:23:00
72	12	Andrew Topping	M30-34		00:27:27	00:02:59	01:11:33	00:00:44	00:40:22	02:23:03
73	15	Arran Mckee	M30-34	Lisburn TC	00:26:32	00:03:07	01:04:27	00:00:59	00:48:07	02:23:10
74	97	Laura Wylie	F20-24	Hi-Elbow TC	00:20:35	00:02:50	01:11:11	00:00:45	00:47:53	02:23:12
75	199	Louis Waterworth	M		00:24:18	00:02:48	01:05:16	00:01:00	00:49:55	02:23:15
76	187	graeme montgomery	M45-49	TTC	00:26:38	00:02:43	01:07:26	00:00:39	00:45:58	02:23:24
77	198	Team Harrison's Heros	R		00:27:00	00:01:53	01:06:00	00:00:41	00:47:58	02:23:31
78	33	Colin Madden	M40-44	TTC	00:27:31	00:02:47	01:02:36	00:01:08	00:50:23	02:24:24
79	28	Charles Russell	M60-64	Triangle TC	00:26:56	00:02:18	01:07:33	00:00:44	00:46:55	02:24:25
80	146	Scott Fleming	M30-34		00:24:10	00:02:50	01:11:40	00:01:23	00:44:29	02:24:30
81	79	james lemon	M45-49	Peninsula TC	00:28:07	00:02:10	01:04:10	00:00:41	00:50:20	02:25:26
82	60	Fraser Buchanan	M45-49		00:22:41	00:02:35	01:12:53	00:01:12	00:46:42	02:26:01
83	92	Kevin Mc Carthy	M25-29	Narrows TC	00:24:44	00:02:27	01:07:04	00:01:34	00:50:18	02:26:05
84	126	Paul O'Gara	M40-44	24/7 TC	00:27:06	00:02:26	01:07:40	00:01:00	00:47:54	02:26:05
85	175	christen mcmaster	F30-34		00:26:31	00:02:27	01:07:13	00:00:53	00:49:05	02:26:07
86	98	Lawrence Maguire	M30-34		00:30:07	00:02:52	01:09:29	00:00:47	00:43:05	02:26:18
87	113	Michael Deeney	M40-44		00:27:12	00:02:46	01:11:25	00:01:18	00:44:13	02:26:53
88	69	Gerald Mc Kinney	M35-39	Northwest TC	00:28:05	00:02:33	01:10:27	00:00:51	00:45:01	02:26:56
89	70	Gerald Morgan	M40-44		00:28:16	00:02:48	01:10:39	00:00:56	00:44:23	02:27:00
90	95	Kyle Leckey	M35-39		00:27:43	00:02:49	01:11:07	00:01:01	00:44:30	02:27:08
91	77	James Taylor	M55-59	Peninsula TC	00:26:56	00:02:40	01:10:31	00:00:50	00:46:23	02:27:18
92	68	Gavin Eakin	M35-39		00:22:38	00:03:15	01:10:07	00:00:49	00:50:40	02:27:27
93	168	tommy kerrigan	M45-49	Northwest TC	00:29:52	00:02:53	01:08:24	00:01:14	00:45:14	02:27:36
94	83	John Haughey	M30-34	Newry & Mourne TC	00:26:35	00:02:53	01:07:39	00:01:03	00:49:28	02:27:37
95	180	cecilia mcguinness	F40-44	sligo	00:25:03	00:02:18	01:10:16	00:00:44	00:49:24	02:27:43
96	157	Stephen Whelan	M45-49		00:30:11	00:02:51	01:06:40	00:00:54	00:47:16	02:27:49
97	41	Daron Askin	M40-44	Triangle TC	00:26:39	00:03:07	01:08:11	00:01:07	00:48:56	02:27:58
98	169	TONY GRAY	M35-39	Northwest TC	00:26:33	00:02:40	01:10:26	00:00:43	00:47:42	02:28:00
99	106	Mark Wade	M25-29		00:26:41	00:03:26	01:09:34	00:00:58	00:47:35	02:28:12
100	196	Brendan Borland	M40-44	Wicklow Triathlon Club	00:27:53	00:02:37	01:07:59	00:01:06	00:48:41	02:28:15
101	128	Peter Kelly	M40-44		00:29:27	00:03:33	01:09:29	00:00:46	00:45:07	02:28:20
102	179	gerard conerney	M35-39	TTC	00:30:59	00:02:09	01:07:59	00:00:57	00:46:18	02:28:21
103	125	Paul Holland	M35-39		00:29:43	00:02:21	01:07:26	00:00:58	00:48:02	02:28:29
104	81	Jenny McCready	F25-29	Invictus TC	00:26:52	00:02:26	01:13:40	00:00:43	00:44:56	02:28:35
105	114	Michael Rodgers	M45-49	Olympian TC	00:27:19	00:02:39	01:09:05	00:01:20	00:48:39	02:29:01
106	173	alex curran	M30-34	N/A	00:24:55	00:02:53	01:16:41	00:00:40	00:44:04	02:29:11
107	178	ashley moore	M50-54	TTC	00:27:16	00:02:47	01:06:15	00:01:01	00:52:05	02:29:23
108	116	Natalie Davidson	F40-44		00:29:38	00:02:49	01:09:59	00:01:02	00:46:25	02:29:50
109	172	Stephen Montgomery			00:29:50	00:02:18	01:09:02	00:01:11	00:47:58	02:30:17
110	155	Stephen Kelly	M30-34	Peninsula TC	00:28:36	00:03:39	01:10:16	00:01:24	00:46:53	02:30:47
111	177	arthur crowe	M50-54		00:25:55	00:02:35	01:10:59	00:01:29	00:49:55	02:30:51
112	103	Mark Gillespie	M40-44	Lisburn TC	00:32:02	00:03:52	01:08:56	00:01:02	00:45:16	02:31:06
113	124	Paul Brewster	M40-44		00:26:29	00:03:58	01:11:00	00:01:21	00:48:34	02:31:20
114	51	david lambon	M45-49		00:27:56	00:04:16	01:10:21	00:01:32	00:47:39	02:31:42
115	10	andrew murphy	M40-44		00:27:02	00:04:26	01:15:28	00:01:12	00:44:27	02:32:33
116	86	Jonathan Dixon	M30-34		00:28:33	00:03:41	01:10:48	00:01:08	00:48:55	02:33:03
117	167	Tom Brewster	M35-39		00:27:34	00:03:21	01:15:19	00:00:58	00:47:14	02:34:24
118	105	Mark Currie	M30-34	Invictus TC	00:28:22	00:03:30	01:13:49	00:01:03	00:47:49	02:34:30
119	130	Peter Topping	M25-29		00:29:55	00:03:16	01:15:23	00:00:54	00:45:03	02:34:30



120	110	Martin Fahey	M30-34		00:24:39	00:03:18	01:14:36	00:00:58	00:51:04	02:34:32
121	8	Andrew Goodwin	M40-44	Omagh TC	00:27:34	00:03:26	01:13:47	00:01:45	00:48:02	02:34:33
122	57	Eoin O'Neill	M35-39		00:23:59	00:04:15	01:15:15	00:01:47	00:49:37	02:34:50
123	17	BARRY MAIRS	M35-39		00:35:16	00:02:47	01:11:16	00:01:32	00:44:09	02:34:58
124	38	Conor Preshaw	M30-34	Olympian TC	00:26:41	00:02:53	01:13:11	00:00:54	00:51:28	02:35:05
125	195	bren whelan	M40-44	northwest tri club	00:31:32	00:02:27	01:11:05	00:00:53	00:49:30	02:35:26
126	3	adrian glendinning	M40-44	Triangle TC	00:30:48	00:03:56	01:14:54	00:01:04	00:44:49	02:35:29
127	118	niall johnston	M50-54	Peninsula TC	00:33:34	00:02:54	01:10:18	00:01:09	00:47:38	02:35:32
128	64	Gareth Yule	M45-49		00:32:22	00:03:47	01:08:34	00:01:33	00:49:33	02:35:47
129	194	Kay Hack	F45-49	TTC	00:26:10	00:02:32	01:08:10	00:01:08	00:57:51	02:35:49
130	136	Richard Patterson	M45-49	TUNA TC	00:27:10	00:02:58	01:11:15	00:01:06	00:53:40	02:36:06
131	122	Paul Wright	M35-39	Lisburn TC	00:27:47	00:03:34	01:14:14	00:00:55	00:49:44	02:36:12
132	90	ken Vance	M50-54	Hi-Elbow TC	00:29:45	00:02:52	01:08:52	00:01:33	00:53:20	02:36:20
133	18	Barry Morrow	M35-39		00:30:30	00:03:06	01:09:21	00:01:21	00:52:32	02:36:49
134	75	Ian russell	M25-29		00:25:43	00:02:49	01:13:50	00:00:53	00:53:38	02:36:50
135	49	David Montgomery	M50-54	Peninsula TC	00:29:39	00:03:09	01:08:59	00:01:14	00:54:28	02:37:27
136	19	Ben Steen	M30-34	Triangle TC	00:27:56	00:02:57	01:11:46	00:01:00	00:54:32	02:38:08
137	160	steve millership	M40-44		00:30:03	00:03:38	01:11:28	00:01:22	00:51:46	02:38:15
138	14	Anne Watt	F45-49	Triangle TC	00:27:45	00:03:11	01:12:25	00:01:12	00:54:48	02:39:19
139	120	Nigel Taylor	M50-54		00:24:49	00:02:36	01:14:16	00:00:49	00:57:17	02:39:45
140	129	Peter Donnelly	M45-49		00:30:59	00:03:14	01:15:59	00:01:13	00:49:12	02:40:36
141	36	Colm McGuckian	M40-44		00:32:56	00:03:18	01:15:34	00:01:09	00:47:54	02:40:48
142	181	eoghan devlin	M	omagh	00:32:41	00:02:32	01:13:20	00:00:55	00:51:40	02:41:07
143	121	Paddy Johns	M45-49		00:30:37	00:02:12	01:10:35	00:00:55	00:57:31	02:41:48
144	150	simon evans	M40-44		00:29:35	00:03:09	01:10:16	00:01:17	00:57:38	02:41:53
145	34	Colin McClrath	M45-49		00:31:28	00:03:23	01:14:49	00:01:07	00:51:48	02:42:34
146	40	Sean Curran	M45-49	Omagh TC	00:34:53	00:03:12	01:10:09	00:02:11	00:52:26	02:42:48
147	63	Gareth Archer	M50-54	Peninsula TC	00:26:20	00:03:17	01:18:02	00:00:56	00:54:25	02:42:59
148	142	Ruairi Jennings	M40-44		00:31:19	00:03:28	01:16:47	00:01:21	00:50:15	02:43:08
149	108	Mark Lynch	M40-44		00:27:14	00:05:19	01:13:54	00:01:33	00:55:45	02:43:44
150	37	Conaill McGrady	M40-44		00:29:18	00:04:07	01:16:26	00:01:04	00:53:10	02:44:04
151	13	Andrew Hanna	M35-39		00:30:18	00:03:44	01:16:12	00:01:15	00:52:40	02:44:07
152	119	NIALL STEWART	M35-39	TUNA TC	00:30:23	00:03:29	01:14:51	00:01:15	00:54:38	02:44:34
153	89	Julian LEGGETT	M40-44		00:26:29	00:03:05	01:19:16	00:01:17	00:55:35	02:45:39
154	88	Jordan Jackson	M20-24		00:29:59	00:03:06	01:18:43	00:00:49	00:53:26	02:46:01
155	52	Declan Mc Allister	M40-44		00:34:24	00:03:15	01:16:21	00:01:11	00:51:26	02:46:35
156	80	Jason Holmes	M45-49		00:30:26	00:04:59	01:19:18	00:01:08	00:51:27	02:47:15
157	26	Campbell Bleakley	M35-39	Peninsula TC	00:33:06	00:02:37	01:09:15	00:01:26	01:01:11	02:47:32
158	189	louise togneri	F50-54	peninsula	00:30:08	00:03:24	01:14:21	00:01:18	00:59:23	02:48:32
159	149	Shivaun O'Connor	F45-49		00:28:31	00:03:06	01:22:17	00:01:07	00:54:59	02:49:58
160	43	Dave Watkins	M45-49		00:35:57	00:04:24	01:17:45	00:01:35	00:50:37	02:50:16
161	5	Albert Law	M55-59	Omagh TC	00:35:48	00:04:03	01:18:59	00:01:00	00:50:46	02:50:33
162	161	steve young	M40-44	TUNA TC	00:32:09	00:03:02	01:23:47	00:01:22	00:51:16	02:51:34
163	78	James Goligher	M35-39	Northwest TC	00:32:03	00:04:11	01:21:39	00:01:31	00:52:34	02:51:57
164	54	Desmond Gault	M45-49		00:34:45	00:04:07	01:20:09	00:01:39	00:52:47	02:53:25
165	91	Kenneth Cummings	M35-39	Hi-Elbow TC	00:32:30	00:04:23	01:16:38	00:01:18	00:58:48	02:53:36
166	21	Beth Montgomery	F16-19		00:26:31	00:03:28	01:24:20	00:00:49	00:58:35	02:53:41
167	59	Fearghal O'Connor	M45-49		00:32:50	00:03:17	01:18:58	00:01:30	00:57:56	02:54:30
168	35	colm mullin	M55-59		00:29:41	00:03:48	01:18:19	00:01:46	01:01:29	02:55:01
169	93	Kinny Bolton	F40-44	Portmarnock TC	00:27:38	00:03:16	01:26:51	00:01:10	00:57:11	02:56:04
170	164	Terry MacAllister	M55-59	Hi-Elbow TC	00:30:56	00:03:59	01:21:19	00:01:23	00:58:57	02:56:32
171	182	emmett trotter	M25-29		00:31:18	00:05:01	01:27:40	00:01:20	00:51:29	02:56:46
172	151	Siobhan Griffin	F35-39	Tralee TC	00:31:31	00:04:00	01:20:12	00:01:05	01:00:47	02:57:33
173	9	Andrew Hartley	M35-39		00:30:09	00:02:55	01:17:54	00:01:18	01:05:40	02:57:54
174	94	kris james	M30-34		00:29:45	00:03:13	01:23:58	00:01:19	01:02:49	03:01:02
175	147	Shaun Cassidy	M35-39		00:36:35	00:03:14	01:21:20	00:00:54	00:59:24	03:01:26
176	42	Darryl Williams	M40-44		00:29:50	00:03:42	01:19:59	00:01:24	01:06:54	03:01:47
177	183	michaela black	F40-44	TTC	00:33:56	00:03:41	01:26:23	00:01:06	00:57:09	03:02:14
178	139	Ronan O'Connor	M30-34		00:35:43	00:03:49	01:23:29	00:01:24	00:58:17	03:02:40
179	117	Neill Dickson	M45-49		00:34:20	00:03:08	01:30:54	00:01:22	00:54:39	03:04:21